



POOL SCHEDULE

57121 Sunnyslope Dr., PO Box 106, Yucca Valley, CA 92286
(760) 365-9661



AUGUST 2017



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7 AM Adv. Aerobics w/Lucinda Hampson	7 AM Adv. Aerobics w/Teri Trent	7 AM Adv. Aerobics w/Lucinda Hampson	7 AM Adv. Aerobics w/Teri Trent	7 AM Adv. Aerobics w/Lucinda Hampson	
8 AM Inter. Aerobics w/Joan Haselbauer	8 AM Inter. Aerobics w/	8 AM Inter. Aerobics w/Joan Haselbauer	8 AM Inter. Aerobics w/Carol Husband	8 AM Inter. Aerobics w/	
9 AM Basic Warm Water Exercise w/Linda Vest	9 AM Basic Warm Water Exercise w/Scot McKone	9 AM Basic Warm Water Exercise w/Linda Vest	9 AM Basic Warm Water Exercise w/Scot McKone	9 AM Water Yoga W/Shanta Reed	9 AM Zumba w/Maria Anstutz
10 AM Basic Warm Water Exercise w/ David Zeigler	10 AM Active Warm Water Exercise w/Adrienne Cox	10 AM Basic Warm Water Exercise w/Kathy Breslin	10 AM Active Warm Water Exercise w/Teri Medford	10 AM Basic Warm Water Exercise w/Kathy Breslin	10 AM Active Warm Water w/ Donna Tomlinson
11 AM Basic Warm Water Exercise w/David Zeigler	11 AM Warm Water Walkie Talkie w/Joyce Johnson	11 PM Basic Warm Water Exercise w/David Zeigler	11 AM Warm Water Walkie Talkie w/ Joyce Johnson	11 AM Basic Warm Water Exercise w/David Zeigler	11 AM Unclass w/ Lynn Portera
12 Inter. Aerobics w/Teri Trent	12 PM Active Warm Water w/Donna Tomlinson	12 PM Active Warm Water Exercise w/Donna Tomlinson	12 PM Active Warm Water Exercise w/Lynn Portera	12 PM Active Warm Water Exercise w/ Donna Tomlinson	12 PM Adult Volley Ball w/Joan Haselbauer
1 PM Inter. Aerobics w/Susan Madavan	1 PM UnClass Class w/Lynn Portera	1 PM Intro to Aerobics w/Colleen Zuhlke	1 PM Unclass Class w/Lynn Portera	1 PM Inter. Aerobics w/Susan Madavan	
2 PM Aerobic/Volleyball w/Coleen Zuhlke		2 PM Aerobic/Volleyball w/Coleen Zuhlke		2 PM Aerobic/Volleyball w/Coleen Zuhlke	
3 PM PreSchool Swim w/ Coleen Zuhlke must be pre-registered	5 PM Zumba w/Teri Trent	3 PM PreSchool Swim w/ Coleen Zuhlke must be pre-registered	5 PM Zumba W/Teri Trent	3 PM PreSchool Swim w/ Coleen Zuhlke must be pre-registered	

8/1/2017

*** Schedule is subject to change***